



## **Embryo Adoption Recipient Checklist**

- *Anyone interested in attempting pregnancy using embryos anonymously donated to Advanced Fertility Care/Arizona Advanced Reproductive Laboratory, or another outside agency must undergo certain specific testing prior to being considered eligible. This screening is designed to ensure that we are offering you the best opportunity for pregnancy possible.*
  - *Donated embryo(s) were originally created by the donating couple for the purposes of helping them build their family through in vitro fertilization. By accepting transfer and possession of these embryos, you agree to take full responsibility for the embryo(s) and any child or children that may result from their future use in treatment.*
  - *The act of accepting possession of donated embryos requires that you legally release the donating couple, as well as Advanced Fertility Care PLLC and Arizona Advanced Reproductive Laboratory, LLC, from any and all liability resulting from any potential complications of the pregnancies, congenital abnormalities, heritable diseases or other complications of the embryo donation process.*
- Initial Consultation with your Physician and Recipient Coordinator** (both partners if applicable)
  - Future Consultation with Clinical Staff** to sign “Informed Consents” at time of injection teaching
  - Psychological Consultation by AFC approved mental health specialist (mandatory)**
  - Legal consultation with a reproductive health attorney is strongly recommended but not required**

### **Female Partner**

- Within 6 months of embryo transfer**
  - Pelvic Baseline Ultrasound and blood draw for thyroid and prolactin, rubella and varicella IgG, CMV IgG/IgM
  - Blood draw for Blood Type (if not known)
    - Counseling on use of Rhogam in recipient if she is Rh Negative and either of donating couple is Rh Positive (if known – if not will need to be treated as if the donating couple is Rh Positive)*
  - Current normal reports of Pap’s Smear and Mammogram (age 40 and up) done by Ob/Gyn, per ACOG guidelines
  - Uterine evaluation with Office Hysteroscopy/Trial Transfer – per physician discretion
  - Mock Uterine Stimulation Cycle (2 week trial stimulation of uterine lining) – unless waived by physician
- 30 Day Testing: (completed at Lupron start within 30 days of embryo transfer)**
  - FDA Female Guidance Infectious Disease Screening (*per ASRM recommendation*)
    - Includes HIV, Hepatitis B, Hepatitis C, Syphilis, and HIV/HCV Nucleic Acid Testing
    - Urine or cervical cultures for Gonorrhea/Chlamydia.

### **Spouse/Partner**

- 30 Day TESTING: (completed at Lupron start within 30 days of embryo transfer)**
  - FDA Male Guidance Infectious Disease Screening (*per ASRM recommendation*)
    - Includes HIV, Hepatitis B, Hepatitis C, Syphilis, HTLV I+II, CMV, and HIV/HCV Nucleic Acid Testing
    - Urine cultures for Gonorrhea/Chlamydia